Helping Resources

If you know someone who might have a problem with prescription drugs, you know it's tough. But help is out there for those who are misusing medications, those with substance use disorder and for those of you who care about someone with a problem. In an ideal world, a person who has a problem with drugs would simply acknowledge it, and take care of it, without it ever impacting their family or their job. But because of the nature of substance use disorder, and the stigma and denial attached to the issue, that rarely happens.

If you think you have or could be developing a problem, or care about someone who is struggling, contact a professional who can help. It's too hard to "go it alone." Check out what resources might be available through your employer and visit some of the websites listed below.

NATIONAL

American Association for the Treatment of Opioid Dependence (AATOD)
www.aatod.org
Expanding access to quality opioid-use disorder treatment services.

Families Anonymous, Inc.
www.familiesanonymous.org
A 12-step fellowship for the family and friends of those individuals with drug, alcohol, or related behavioral issues.

Nar-anon Family Groups
www.nar-anon.org
A worldwide fellowship for those affected by someone else's addiction.

Narcotics Anonymous
www.na.org
A global, community-based organization with a multilingual and multicultural membership of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

SAMHSA (Substance Abuse & Mental Health Services Administration)
1-800-662-HELP (4357)
www.findtreatment.gov
The agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. This website is a national database treatment locator for both mental health and substance use disorder.

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TOGETHERARKANSAS Opioid Response Initiative
ARORP Arkansas Opioid Recovery Partnership
Arkansas State Chamber of Commerce · Associated Industries of Arkansas · Business matters.
Arkansas BlueCross BlueShield

STATE

Arkansas 2-1-1
https://arkansas211.org/
2-1-1 or 866-489-6983

Arkansas Department of Human Services
https://humanservices.arkansas.gov/

Arkansas Drug Takeback
https://ardrugtakeback.org/

Arkansas Department of Labor/Voluntary Drug-Free Workplace Program
https://labor.arkansas.gov/workers-comp/voluntary-drug-free-workplace-program/

Revive AR App
https://www.arorp.org/revivear-app/

Arkansas State Chamber/Associated Industries of Arkansas (AIA)
https://arkansasstatechamber.com/

Arkansas Blue Cross and Blue Shield
https://www.arkansasbluecross.com/

COUNTY

Arkansas Municipal League
https://www.armunileague.org/

Association of Arkansas Counties
https://www.arcounties.org/

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Together Arkansas, including the course and these resource materials, has been developed to raise awareness with businesses about how to respond to the risks associated with the misuse of opioids and other drugs. The content is meant for educational purposes only and not for the purpose of providing legal advice or replacing the work needed to develop a responsible drug-free workplace policy and program. As such, it should not be used as a substitute for consultation with a legal professional or other competent advisor. If you have questions about this course or the information presented here, please reach out Contact@TogetherArkansas.com.

To view the other modules in this course, visit www.TogetherArkansas.com.

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